

Phase II: Re-Entry

Please remember that many of our congregations are composed of individuals that meet the description of vulnerable population. Re-opening might not be appropriate for every congregation. Congregations might also consider stepping up in scale, offering, and size to reach the new limit.

Before you choose to re-open, please work with your parish leadership to answer the questions listed in [Appendix A](#).

Please see the section titled "[Other: Addressing Positive Infection](#)" for guidelines to follow should a person experiencing the COVID-19 infection be present in your building or at a church-sponsored event.

In the situation that someone has tested positive for COVID-19 and has entered the building or attended a church-sponsored activity during the infection period, guidelines are offered in the section titled, "[Other: Addressing Positive Infection](#)".

Preparing the Church for Re-Entry

Before any re-entry, congregations must deep clean the entire church building, including pews, bathrooms, doorknobs, light switches, stair railings, and microphones. Please see [Appendix B](#) for current cleaning guidelines from the CDC.

We advise the consideration of removing all non-essential items from rooms so that there are fewer surfaces to touch.

We advise posting signs and making announcements about non-contact greetings and reminders to refrain from shaking hands and hugging.

We advise communicating with your congregation before they arrive about the preparations you have done for their re-entry and to reiterate that, if they are sick or are of a vulnerable population, they should stay home and join online, if available through your congregation or another.

Building Use Guidelines

Office Guidelines

We advise that staff members continue to be permitted to work from home, especially the immunocompromised, parents of children, and those older than 60.

We advise keeping in-office functions as minimal as possible, only to ensure essential operations.

Any staff members working from church-owned buildings must continue to follow social distancing and sanitary guidelines, including:

- Maintaining six feet of separation between individuals
- Regular handwashing and sanitizer use
- Regular disinfection of common surfaces including door knobs, countertops, and office electronics.

Other Guidelines

Congregations must follow all physical distancing and hygiene guidelines including use of non-surgical masks. Please consider having a supply for those who arrive to your building without one.

Buildings must be thoroughly cleaned regularly and between user groups, paying extra attention to high-touch surfaces. If holding multiple worship services, schedule your service times to allow for cleaning in-between.

We advise posting signs outlining COVID symptoms and urging people to stay home/seek medical attention if they experience symptoms or feel unsafe.

We advise maintaining appropriate stock of tissue, soap, hand sanitizer, and disposable paper towels for drying hands.

We advise the consideration of allowing building users/rental groups back in (music lessons, etc.) on the condition that they are able to observe gathering limits and hygiene protocols.

We advise creating an emergency plan for possible outbreak and how you might respond in care, in communication, and in cleanliness. Some guidelines are included under "[Other: Addressing Positive Infection](#)" on page 10.

We advise maintaining a visitor log (including phone numbers and email addresses) for all who enter the building in the event that they may have come in contact with someone with the

disease and reporting is required. To the extent possible, the log should be managed by a greeter or an office staff-person or volunteer or follow some other no-touch method.

We advise the use of gloves only for food distribution. Epidemiologists are recommending against the use of gloves for regular activities, understanding that the virus lasts longest on smooth, shiny surfaces. Regular handwashing and sanitizer is more effective.³

Requirements for Gathering Size and Contact:

- Limit events and meetings that require close contact. Most, if not all, meetings and formation opportunities should continue to take place online.
- Limit any in-person, inside gatherings to no more than 25% of your capacity⁴, or the maximum number for your space while allowing 6 feet, 360* of total separation between households, whichever is fewer. If your regular ASA surpasses that number, consider how you might spread the number of people gathered closely together at any one moment, including the use of hybrid-worship⁵, multiple service times, or in another space.
- You may decide to consider holding services and gatherings in large well-ventilated areas or outdoors. Limit any in-person, outdoor gatherings to no more than the current State guidelines, or the maximum number for your space while allowing 6 feet, 360* of total separation between households, whichever is fewer.
- Non-surgical masks are required. Please consider having a supply for those who arrive to your building without one.
- To avoid crowding and bottle necks, there is no receiving line following a service.
- There is no nursery or in-person Sunday school or coffee hour following a service. Continue encouraging people to leave the building rather than mingling in-person.

Worship Guidelines

Congregations may choose to begin to offer small in-person worship gatherings while following the following guidelines.

The following options might be appropriate considerations as congregations begin to re-enter:

³ Information compiled by Brett Jager, MD, PhD, Assistant Professor of Infectious Diseases at Stryker School of Medicine at Western Michigan University. [Click to access a combined PDF of studies.](#)

⁴ Official capacity is determined by the fire department.

⁵ Holding simultaneous in-person and online worship, or offering an in-person opportunity and an online opportunity at separate times.

- Maintaining some online worship and formation opportunities for those that will still be unable to join an in-person gathering, either due to risk or sense of safety
- Multiple services with fewer attendees to spread out the number of people gathered at one time
- Requiring people to sign-up for services in advance while allowing space for visitors who may drop in
- Creating and assigning fixed seating to maintain safe distances
- Holding services outside.⁶
- Moving services to a larger and more open space, such as the parish hall

The preacher may remove their face covering for the delivery of the sermon, only if the preacher is more than 20 feet away from any other persons.

Requirements for Worship:

- All common surfaces must be cleaned before and after worship, including door knobs, counter tops, pews, electronics, and sacramental items.
- Morning Prayer and Holy Eucharist are permitted, with safety modifications outlined in this document.
- Live-streaming may resume from inside the church building while maintaining appropriate physical distancing with any participants.
- There is no physical touching during the passing of the peace.
- There is no passing of an offering plate through the pews. Encourage worshippers to offer financial gifts online or to a stationary plate as they come in or during the course of worship to limit contact.
- Households must sit at least six feet apart, 360°, if gathered for in-person worship.
- All worship leaders, including acolytes and lectors, must maintain at least 6 feet of distance apart at all times.
- If using a shared handheld microphone, the device must be wiped and sanitized between users.

(Optional) Sharing in Holy Communion

Congregations wishing to celebrate Holy Communion in Phase 2 may do so using the following requirements and guidelines.

Clergy and parish leadership should consider local transmission rates and access to testing before deciding to offer Holy Communion.

⁶ See Appendix C for resources around planning outdoor worship, offered by the Episcopal Diocese of Maine.

Clergy may also decide not to offer communion or make alternative provisions if they have personal, pastoral, or medical reservations.

If offering communion, parish leadership should provide notice to the congregation that there is some risk for public worship and receiving communion during this time of pandemic, and acknowledge that some may and should decide not to attend or receive.

Holy Communion is not an individual commodity but a communal experience. We therefore direct against the following practices:

- People bringing their own bread to be consecrated,
- Pre-consecrated bread being placed into the pews for reception,
- Drive-by, drive-in, or drop-in distributions of communion

Preparing for Holy Communion

- Altar guild members must wear masks and wash hands with soap prior to starting their work.
- Vulnerable persons of any ministry group, such as the Altar Guild or Acolytes, may choose not to serve.
- Fresh purificators and corporalals must be used for each service.
- All vessels must be washed with soap between services.
- Wafers are preferred to homemade bread.

The Consecration of Holy Communion

- The officiant alone must bring the bread and wine to the table at the time of the offertory.
- All of the elements for Holy Communion are to be placed on the Holy Table for the Eucharistic Prayer.
- The Officiant, Deacon, other Eucharistic Ministers, and any participating Acolytes must wash hands or use hand sanitizer before celebrating and before distribution. Gloves should not be used.⁷
- The Officiant alone stands at the altar. Others should be 6 feet or more away.
- The priest's wafer and chalice are uncovered in front of the officiant during the Eucharistic Prayer. They are for the officiant alone. It is consumed entirely by the officiant or appropriately disposed of after the service.
- The people's wafers should be in a ciborium on the table, which remains covered throughout the Eucharistic Prayer. If a covered ciborium is not available, a spare chalice

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and pall may be used. If a spare chalice and pall are not available, any container with a cover may be used.

- During consecration, the officiant touches the ciborium, not the wafers. Just as touching the container of wine is touching the element, so touching the container of bread is touching the element.
- The cup is reserved for the officiant. It is consumed entirely by the officiant or appropriately disposed of after the service.
- The distribution of consecrated wine is not permitted at this time due to the increased risk of contact and the risk of lifted masks in the presence of the Eucharistic Minister.

Distributing Holy Communion

- Before distribution, a worship leader should explain to the congregation how Holy Communion has been prepared and should be received.
- Everyone distributing communion must use hand sanitizer before they begin distribution.
- Masks must continue to be worn during the distribution of communion. Ministers are encouraged to wear a N95 mask, if possible. Gloves are not recommended. Persons two years or younger should not wear face coverings, as per CDC guidance.
- Communicants should use hand sanitizer before receiving.
- The bread must be distributed while maintaining six feet of distance between households, with the following options:
 - At stations, placing the host in the hand. Hand to mouth distribution is not permitted. The distribution should happen without directly touching the hand of the person receiving. If hand to hand contact happens, the minister should re-sanitize.
 - In the pews, directly to households, placing the host in the hand.
- If a blessing is preferred, the blessing must be given without touch.
- The floor may be marked to guide distance as households come forward. If space permits, the traffic pattern should be one-way to avoid crossing paths.
- Communicants should only lift their mask and consume the bread when they are at least six feet away from the distribution point.
- After distributing communion, any remaining elements must not be consumed but returned to the earth.
- To avoid stigmatization and for those who may be participating by live stream, a prayer for spiritual communion from the Armed Services Prayer Book, St. Augustine's prayer book, or other resource, may be used in the liturgy.

Eucharistic Visitation

- Eucharistic Visitors are recruited from among those who are not at high risk. If the recruited visitors have not served in this ministry before, they must be trained before they begin service.
- Clergy may participate in Eucharistic Visiting or may choose to reserve themselves for emergency visits, thus limiting their exposure.

- It is recommended that visits to happen outside on porches, patios, or sidewalks, as possible.
- Outside visits may follow the following practice or similar:
 - The recipient places a bowl or other container outside their door, perhaps on a small table.
 - When the EV arrives, they place the consecrated bread into the container, knock, and stand back 6 feet.
 - Appropriate prayers are said before and after the person consumes the consecrated element.

Recommendations for Worship:

- Singing is among the riskier behaviors when it comes to spreading the virus.⁸ We advise refraining from singing when gathered in-person, or consider how you might make extra precaution to further separate singers from the congregation and from each other.
- We advise the consideration of removing prayer books, hymnals, and bibles from pew racks during this time. Worship services may be followed using single-use bulletins (that are picked up rather than handed out), by sending a digital copy for people to access on their personal devices, or by use of screen and projection. Please make every provision for recycling single-use bulletins and limiting the number of bulletins printed for one household.
- We advise developing a plan for dismissing congregants in an orderly way to ensure social distancing as people exit.
- We advise empowering your ushers to remind participants about these guidelines and state requirements.
- We advise developing a plan to reduce the number of doors that people must touch to enter your service, including the use of door stops or greeters.

Requirements for Special Services:

- Baptisms, weddings, and funerals may resume and must be limited to 25% of your indoor capacity, 100 people outside, or the maximum capacity while maintaining 6 feet, 360° of distance between households, whichever is fewer, while following distancing plans.

⁸ Dr. Abram Wagner summary on singing and COVID-19:
<http://eastmich.org/wp-content/uploads/2020/04/Dr-Abram-Wagner-COVID-19-and-Singing.pdf>

Service and Outreach:

- Requirements for group size, physical distancing, sanitation, and use of masks must be followed.
- We advise that distribution ministries limit time spent inside the building and allow for outside or curbside service.
- Any food distribution must be to-go, or served by a person using gloves. Buffets are prohibited.
- Food may not be prepared inside the church building unless authorized by your bishop.

Phase III: Deeper Participation

Building Use Guidelines

Events and in-person gatherings are permitted. We advise making every provision to avoid crowding.

In-person meetings are permitted. We advise considering how you might enable your high-risk members to join your gathering digitally.

Regular office operations are permitted. We advise considering how you might maintain flexibility for staff members that are high-risk or have children unable to attend school or access childcare.

Communal spaces must continue to be cleaned on a regular basis, including before and after gatherings.

We advise maintaining a visitor log (including phone numbers and email addresses) for all who enter the building in the event that they may have come in contact with someone with the disease and reporting is required. To the extent possible, the log should be managed by a greeter or an office staff-person or volunteer or follow some other no-touch method.

We advise the use of gloves only for food distribution. Epidemiologists are recommending against the use of gloves for regular activities, understanding that the virus lasts longest on smooth, shiny surfaces. Regular handwashing and sanitizer is more effective.⁹

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